

THE SOUND OF GOODBYE

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CD: Crystal Gayle-The Hits Track 22 - The Sound Of Goodbye
Artist/Source: Crystal Gayle Download from Itunes or Amazon
Footwork/Difficulty: Opposite unless noted Difficulty: Above Average
Speed/Released: SPEED: +3% MP3 Timing 3:08 RELEASED: September 04 2015
Rhythm/Level: Cha - Foxtrot Phase IV + 1U (Stop & Go Hockey Stick with Cross Lunge)
Sequence: **INTRO A B INTER A B BRI C B ENDING**

INTRO

{LOP-FCG WALL} **WAIT 2** ;; **NEW YORKER RLOD** ; **NEW YORKER LOD** ; {BFLY WALL}

1-4 **WAIT 2 meas in LOP-FCG WALL**;; [NEW YORKER RLOD] LOP FCG WALL Rk thru L to OP RLOD, rec R to fc, sd L/cls R, sd L end in BFLY WALL; [NEW YORKER LOD] BFLY WALL Rk thru R to OP LOD, rec L to fc, sd R/cls L, sd R end BFLY WALL;

PART A

{BFLY WALL} **SHLDR TO SHLDR 2X** ;; **CRAB WLKS RLOD** ;; **SPOT TRN RLOD** ; **SPOT TRN LOD** ; {BFLY WALL}

1-15 [SHLDR TO SHLDR 2X] BFLY WALL XLIF to bfly SCAR (W XRIB), rec R, sd L/cl R, sd L end in BFLY WALL; XRIF to BFLY BJO (W XLIB), rec L, sd R/cls L, sd R end in BFLY WALL; [CRAB WLKS RLOD] BFLY WALL XLIF, sd R, XLIF/sd R, XLIF; Sd R, XLIF, sd R/cls L, sd R; [SPOT TRN RLOD] BFLY WALL XLIF trn RF, fwd R cont trng RF, sd L/cls R, sd L end in BFLY WALL; [SPOT TRN LOD] XRIF trn LF, fwd L cont trng LF, sd R/cls L, sd R end in BFLY WALL; **½ BASIC ; FAN ; STOP & GO HOCKEY STICK w/ CROSS LUNGE** ;; **HOCKEY STICK** ;; {LOF DRW } [1/2 BASIC] BFLY WALL Fwd L, rec R, sd L/cls R, sd L; [FAN] BFLY WALL Bk R, rec L, sd R/cls L, sd R (W Fwd L, bk R trn LF 1/4, bk L/lk R, bk L, end FCG RLOD) end in FAN POS; [STOP & GO HKY STK w/ CROSS LUNGE] FAN POS Fwd L, rec R, sd L/cls R, sd L (W cls R, fwd L trn LF 1/4 sd R/cls L sd R) end in SHADOW POS WITH W IN FRONT BOTH FCG WALL; XRIF with bent knees lunge left extend arms & look twds ptr , rec L, sd R/cls L, sd R (W XLIB with bent knees extend arms & look twds ptr, rec R, sd L /cls R, trn RF 1/4 bk L end in FAN POS); **NOTE: CROSS LUNGE the M executes a RT FT FENCE LINE twisting upper body to fc ptr (W executes a LEFT FT SHLDR TO SHLDR twisting upper body to fc M) Arm styling for both is the same as TIME STEP & is executed on 1st step of Rt Ft Fence Line & Left Ft Shldr To Shldr. At end of figure M executes a large sd R/cls L sd R when returning to the FAN POS.** [HOCKEY STICK] Fwd L, rec R, sip L/R, L (W cls R, fwd L, fwd R/cls L fwd R); Bk R, rec L, sd R/cls L, sd R trn 1/8 L to fc ptr (W fwd L, fwd R trn LF, bk L/cls R, bk L end fcg ptr) end in LOF DRW; **ALEMANA** ;; **NEW YORKER RLOD IN 4** ; [ALEMANA] LOF DRW Rk fwd L, rec R, sd L/cls R, sd L; XRIB, rec L, sd R/cls L, sd R (W XLIF trng RF under jnd ld hnds, fwd R trng RF, sd L/cls R , sd L) end FCG PTR in LOF DRW; [NEW YORKER RLOD IN 4] LOF DRW Rk thru L to LOP RLOD, rec R to fc, sd L, in plc R end in LOF WALL;

PART B

{LOF WALL} **REV UNDERARM TRN** ; **UNDERARM TRN to a LEFT HND STAR** ; **UMBRELLA TRNS** ;;;; {BFLY WALL}

1-8 [REV UNDRARM TRN] LOF WALL XLIF, rec R, sd L/cls R, sd L (W XRIF trng 1/2 LF undr ld hnds, rec L cont LF trn to fc ptr, sd R/cls L, sd R) end in LOF WALL; [UNDERARM TRN to a LEFT HND STAR] XRIB, rec L, sd R trng 1/4 RF/ in plc L, in plc R to fc RLOD (W XLIF trng ¾ RF under jnd ld hnds, fwd R, cont RF trn chng hnds sd L/cls R, in plc L to fc LOD) end in LEFT HND STAR; [UMBRELLA TRNS] LEFT HND STAR Rk fwd L, rec R, bk L/cls R , bk L (W Rk bk R, rec L, fwd R trng LF 1/2 to fc RLOD/cls L, bk R join R hnds in front of man's chest) ; Maintain both hnds jnd rk bk R, rec L, fwd R /cls L, fwd R (W Rk bk L, rec R, fwd L trng RF 1/2 to fc LOD/cls R, fwd R join L hnds in left hnd star); In left hnd star Rk fwd L, rec R, bk L/cls R, bk L (W Rk bk R , rec L, fwd R trng LF 1/2 to fc RLOD/cls L, bk R join R hnds in front of man's chest); Maintain both hnds jnd rk bk R, rec L, trng LF 1/4 sd R/cls L, sd R to fc ptr & wall (W Rk bk L, rec R, trng 1/4 RF to fc ptr sd L/cls R, sd L to end BFLY WALL); **TIME STEP RLOD** ; **TIME STEP LOD** ; {FCG WALL NO HNDS JND} [TIME STEP RLOD] BFLY WALL Release jnd hnds then extend arms out XLIB (W XRIB), rec R re-crossing arms in front, sd L/cls R, sd L end FCG WALL NO HNDS JND; [TIME STEP LOD] FCG WALL NO HNDS JND While extending arms out XRIB (W XLIB), rec L re-crossing arms in front, sd R/cls L, sd R to FCG WALL NO HNDS JND;

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Sequence: INTRO A B INTER A B BRI C B ENDING

INTERLUDE

{NO HNDS FCG} 1/2 BASIC ; UNDERARM TRN ; NEW YORKER RLOD IN 4 ;

1-3 [1/2 BASIC] BLEND TO BFLY WALL Fwd L, rec R, sd L/cls R, sd L; [UNDERARM TRN] XRIB, rec L, sd R/cls L, sd R (W XLIF trng RF under jnd ld hands, fwd R trng RF one full trn, sd L/cls R, sd L to FC PTR) end LOF WALL;
[NEW YORKER RLOD IN 4] LOF WALL Rk thru L to LOP RLOD, rec R to fc, sd L, in plc R end in BFLY WALL;

BRIDGE

{NO HNDS FCG} NEW YORKER RLOD IN 4 TO CP ;

1 [NEW YORKER RLOD IN 4 TO CP] BLEND TO LOF WALL Rk thru L to LOP RLOD, rec R to fc, sd L, in plc R to CP WALL;

PART C (foxtrot & even timing)

{CP WALL} HOVER ; IN & OUT RUNS ;; MANUVR SD CLS ; SPIN OVRTRN ; BK SD CLS TO BFLY ; THRU VN 8 RLOD ;

1-8 [HOVER] CP WALL Fwd L, -, fwd & sd R rising on ball of ft, rec L to SCP LOD ;
[IN & OUT RUNS] SCP LOD Fwd R comm RF trn arnd prt, -, sd & bk L, bk R to BJO RLOD (W fwd L, -, fwd R, fwd L);
Bk L, -, trng RF sd R, cont RF trn sd & fwd L (W fwd R, comm RF trn sd & bk L, cont RF trn fwd R) end SCP LOD;
[MANUVR SD CLS] In SCP LOD fwd R trng RF 1/2, -, sd L, cls R (W Bk L, -, Bk R, cls L) end in CP RLOD;
[SPIN OVRTRN] CP RLOD Bk L pvt 3/4 RF, -, fwd R cont trn, rec sd & bk L to CP WALL;
[BK SD CLS TO BFLY] Bk R, -, sd L, cls R blending to BFLY WALL;
[THRU VN 8 RLOD] EVEN TIMING in BFLY WALL XLIF (W XRIF), sd R, XLIB, sd R; XLIF (W XRIF), sd R, XLIB, sd R end in LOF WALL;

ENDING

{NO HNDS FCG} REV UNDERARM TRN ; UNDERARM TRN to a LEFT HND STAR ; UMBRELLA TRNS ;;;; {BFLY WALL}

1-11+ [REV UNDRARM TRN] Blend to LOP WALL Repeat action of meas 1 of PART B;
[UNDERARM TRN] In LOP WALL Repeat action of meas 2 of PART B end in LEFT HND STAR;
[UMBRELLA TRNS] LEFT HND STAR Repeat action of meas 3 thru 6 PART B end BFLY WALL ;;;;
TIME STEP RLOD ; TIME STEP LOD ; NEW YORKER RLOD ; NEW YORKER LOD ; NEW YORKER RLOD IN 4 ;
[TIME STEP RLOD] BFLY WALL Repeat action of meas 7 PART B end FCG WALL NO HNDS JND ;
[TIME STEP LOD] FCG WALL NO HNDS JND Repeat action of meas 8 PART B end FCG WALL NO HNDS JND;
[NEW YORKER RLOD] Blending to LOP repeat action of meas 3 of INTRO;
[NEW YORKER LOD] BFLY WALL Repeat action of meas 4 of INTRO;
[NEW YORKER RLOD IN 4] BFLY WALL Rk thru L to LOP RLOD, rec R to fc, sd L, in plc R end in BFLY WALL;
PT SD LEFT LOD ,
BFLY WALL Point left toe (W Rt toe) twds LOD ends in BFLY WALL,